

Brix - Coaching

Systemic Management Coaching SMC®

According to the "Hamburger Schule", coaching is aimed at initiating and enabling a "sustainable self-learning concept". More specifically, this means that coachees recognize on their own which competences they are supposed to gain in order to achieve their objectives and which path they have to pursue to get there. Hence, coaching is an ideal tool to pave the way for change processes to be initiated and designed for individuals or groups. Moreover, it is by far the most effective and economical method of encouraging problem resolution or the pursuit of self-awareness.

On the following pages you will find important information and detailed answers to the following questions:

[What precisely is Systemic Management Coaching SMC® according to the "Hamburger Schule"?](#)

[How does it fit to conventional Business Coaching?](#)

[What reasons are there for a coaching?](#)

[What precisely does Systemic Management Coaching look like?](#)

[How can I recognize the quality of a coaching or coach?](#)

[How important is trust in coaching?](#)

Be curious and critical, I look forward to talking to you.