

Systemic Management Coaching SMC®

A special kind of coaching

As your Systemic Management Coach of the [Hamburger Schule](#) I will address the following 3 focal topics when coaching you:

- extending your self-perception,
- initiating or improving your decision-making ability
- recognizing and implementing new alternative actions to arrive at a sustainable self-learning concept.

In the coaching I will also adequately deal with the complexity of your life and experience and guide you from a linear to a networked way of thinking and acting. It will always be about identifying and expanding the degrees of freedom for your personal behaviour within a “reference context”.

As your coach, I will help you better recognize and use your own opportunities. Your coaching will be holistic-systemic, target- and reflection-oriented. As your coach, I will be your sparring and clarification partner promoting responsibility, awareness, self-reflection and self-motivation in order to stabilize your self-management as a responsible individual.

You as the client / coachee will decide on your own if you want to have a coaching, when it is to take place and which topics are to be dealt with. The coaching itself will be purely based on scientifically verifiable models and methods, e.g. the St. Gallen Management Model, and follow a clearly structured process initiating creativity and awareness.

I regard coaching as a very confidential activity. The responsibility for the process lies with me, your Systemic Management Coach, while you will be responsible for the results. You yourself will identify the change requirements and be able to implement them also in different contexts. So you will soon achieve independence from me as your coach.

Some examples of models used in coaching:

[St. Gallen Management Model](#)

[5 Pillar Model](#)

[MSA](#)

[Maslow's Need Pyramid](#)

[The Johari Window](#)

[The MBVC Model](#)

[Stages of Conflict](#)

[The 14 Tasks of a Leader](#)