

Systemic Management Coaching – Your benefit

What is the key to success?

The prime benefit of coaching is that the 3 central goals are achieved:

- Increase self-perception.
- Develop and implement alternative actions.
- Initiate/Enable decision-making ability.

Your benefit as a client / coachee

- You will enhance your competence and your acceptance as a leader
- You will resolve conflicts self-confidently and sustainably
- You will strengthen your potential and ensure your professional competence
- You will understand change and use it as an opportunity
- You will make intelligent decisions more quickly
- You will make your cooperation more effective
- You will use your strengths and gain effective optional actions to reliably achieve your goals
- You will gain new energy and satisfaction
- You will use the experience gained in the coaching for effective self-management
- You will learn about yourself and how you appear to others

Your benefit as an organization

- Coaching, unlike training, is definitely more target-oriented and tailored to the person, the topic and the context. Consequently, considerably less time is required while effectiveness, quality and sustainability are measurably higher.
- Thanks to the professional support provided by an external coach, the client /coachee is more open-minded which paves the ground for sustainable change.
- Synergies develop which may affect the client's / coachee's direct environment or even the entire organization.
- In particular, executive coaching offers the opportunity to question the organizational culture in a targeted way and develop it, as required.

- Finally, the insights gained and better self-management ability help prevent burnout.